



Robinson Grace
HR CONSULTANCY

Unconscious Bias Training Course

Date: 24 November 2026

Time: 09:30 - 11:00 (90 mins)

Venue: Microsoft Teams Online Platform

Fee: £27 + VAT per person

This workshop is for:

- All employees, regardless of role or level of seniority
- Anyone involved in recruitment, people management, decision-making, teamwork, performance management or career development

Aim

To increase participants' awareness and understanding of unconscious bias, how it can influence everyday workplace decisions and interactions, and the practical steps they can take to recognise and reduce its impact.

What's it about?

This interactive course explores what unconscious bias is, why it occurs and how it can influence the way we perceive and make decisions about others.

Participants will explore common types of unconscious bias and consider how these may appear in everyday workplace situations, such as recruitment, meetings, performance reviews, communication and allocation of opportunities.

The course focuses on awareness, reflection and practical strategies for interrupting bias and making more objective, consistent and inclusive decisions.

Learning Outcomes

By the end of the course, participants will be able to:

- Define unconscious bias and explain how it can influence behaviour and decision-making.
- Recognise common types of unconscious bias in the workplace.
- Identify situations where unconscious bias may affect their own or others' decisions.
- Understand the potential impact of unconscious bias on workplace relationships, opportunities and inclusion.
- Apply practical techniques to recognise and interrupt biased thinking.
- Use more structured and evidence-based approaches when making decisions.
- Identify at least one action they can take to support a more inclusive workplace.

About Your Trainer



With more than 6 years' experience within the Apprenticeship and Education sector, specialising in delivering training and coaching, Claire's passion for learning and professional development underpins her approach, enabling her to support and coach individuals, Managers and organisations with clarity, confidence and practical insight.

How To Book

To book, please email
clientservices@robinsongracehr.com

Confirming your booking creates a legally binding contract between us. Cancellations are to be requested by email only. Payment is required in advance of the course. Refunds must be requested 2 weeks prior to the course date. No refunds will be issued within two weeks of the course date.